

Dear Parents/Guardians & Students,

We have really enjoyed welcoming our students back into our classrooms over the past two weeks! It has been great seeing everyone return with renewed vitality and enthusiasm for moving forward with their educational goals. The overall feedback from staff and students has been overwhelmingly positive as everyone settles back into a regular schedule and school routine. We are delighted with the level of engagement and readiness to learn that students demonstrated last week!

Health and Safety:

As noted in our September 8th letter, it is critically important that students stay home when they are sick. In order to better support you in assessing daily for key symptoms of illness, we have included an improved daily health check form below. This form replaces the previous one, focuses on fewer “key” symptoms, and provides more helpful guidance for you on what to do if your assessment indicates illness symptoms are present.

Communication

Each ILC student has a Teacher Advisor who plays a crucial role in supporting them at ILC. Their Teacher Advisor develops and monitors their Personal Education Plan with them, manages any cross-enrollment plans, monitors their daily attendance, and communicates with home. Your child/student’s Teacher Advisor is normally your first and best point of contact when you need to communicate information to the school, and when you have questions or concerns. If you are unsure of who your child/student’s Teacher Advisor is, you can contact reception and they will be able to provide you the name and email address of this important contact person.

Finally, we encourage you to please continue monitoring the school district website and our ILC website in the weeks ahead. This will ensure that you stay up to date with any further announcements or developments.

Sincerely,

Ryan Ellis
Acting Principal

Leo Holdstock
Acting Vice-Principal

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Process

Daily Health Check			
1. Key symptoms of Illness	Do you have any of the following new key symptoms?	Circle one	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is positive, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is negative, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor’s note) should not be required to confirm the health status of any individual